

## **Otterbein College Volleyball Camp Information**

- **Facilities:** 7 indoor courts available for use in the Rike Center and the new \$9 million Clements Center, two of the finest facilities in NCAA Division III
- **Dorms:** For the overnight camp, resident campers will stay in an air-conditioned, suite style dorm built in 2005
- **Location:** Westerville, OH, a northeast suburb of Columbus
- **Cost:** \$310 per resident camper; \$250 per commuter, (\$25 dollar discount for multiple family members, or for parents working at Otterbein) **\$50 per day camp**
- **1:8** Instructor to camper ratio
- T-Shirts for all Participants

**For Additional Information,  
Please Contact:**

**Monica McDonald**  
Head Volleyball Coach  
614-823-3534  
mmcdonald@otterbein.edu



\*You can also visit our website at:  
[www.otterbein.edu/athletics](http://www.otterbein.edu/athletics)



**OTTERBEIN**  
COLLEGE

**Otterbein College Athletics**  
One Otterbein College  
Westerville, OH 43081  
Phone: 614-823-3529  
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# Otterbein College

**CARDINAL  
VOLLEYBALL**

**2009 Summer  
Camps**



Overnight Camp  
grades entering 5-10  
(July 12th-15th)

One Day Skills Clinics  
grades 7-12  
(July 17th & July 19th)

## Head Coach



Coach Monica McDonald enters the 2009 season as a third year head coach. In 2007 and 2008 she laid the groundwork necessary to develop Otterbein into a top-notch division III program. Before accepting the position at Otterbein, McDonald spent a year as the assistant volleyball coach, and an assistant track coach at fellow OAC school,

Mount Union. McDonald graduated in 2005 with a B.S. in Business Management from Wittenberg University. While at Wittenberg McDonald was a two time All American and part of four North Coast Athletic Conference Championships, four NCAA tournament bids and two Elite Eight appearances.

## Overnight Camp Details

Otterbein College's Overnight Camp is for athletes entering grades 5-10 that are looking to learn new skills and improve on current technique. There is a strong focus on individual development as campers get hours of personal attention from college coaches and experienced players. Emphasis will be placed on serving, setting, reception, middle and outside hitting. As the week continues, various tactical sessions are conducted covering transition and sideout offense, team defense, shot selection, and serving strategy. Afternoon and evening sessions will focus on team play and competition. This camp is an excellent asset to players looking to take their play to the next level.

## One Day Skills Clinics Details

July 17th 9:00 am-3:30 pm (Defensive Clinic)

July 19th 9:00 am-3:30 pm (Setter/ Hitter Clinic)

- ◆ Please pack a lunch
- ◆ Space will be limited to 36 campers in order to assure individual attention for each camper
- ◆ Advance techniques in each discipline will be covered, including sprawling, rolling, knee drives, setter dumping, quick attacking, slide attacking, and running a complex offense
- ◆ T- Shirt for each participant

## Check in / Check Out

- Check in : 12:00 pm - 1:00 pm  
Sunday July 12th
- Check out : 7:00 pm  
Wednesday July 15th

### What to Bring

- Shoes/ lots of clean socks
- Knee Pads
- T-shirts and Shorts
- Water Bottle
- Overnight Items
- Towel/Shower Items
- Sheets/Pillow case/Blankets
- Money for late night pizza order, or camp store
- Please do not bring anything valuable, rooms will be locked but lost or broken items will not be replaced

## Camper Registration Form

Name: \_\_\_\_\_

Grade (Fall '09) \_\_\_\_\_

School: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: (verification of enrollment by email only)

Parent's Names: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_ (Adult Sizes Only)

Rooming Request: \_\_\_\_\_

(there are no triples available... no exceptions)

You may request to be near another camper

Please Check all that apply

\_\_\_\_ Resident for overnight

\_\_\_\_ Commuter for overnight

\_\_\_\_ Defensive Clinic    \_\_\_\_ Setter/Hitter Clinic

If attending the Setter/Hitter Clinic please indicate what position you play

Please make checks payable to:

*Monica McDonald Volleyball Camps*

Mail application form and check to:

Otterbein College

Volleyball Coach

One Otterbein College

Westerville, OH 43081

- \* PLEASE HAVE FORMS AND YOUR **\$50 DEPOSITS** (Overnight Camp only)  
**SENT IN BY FRIDAY JUNE 26th**  
More Details to be mailed out in July:)