

Strategies for Social Emotional Learning – Tool Kit

The Charter

- At Home Charter Template: [https://www.greatschools.org/gk/wp-content/uploads/2015/06/Yale Family Charter.pdf](https://www.greatschools.org/gk/wp-content/uploads/2015/06/Yale_Family_Charter.pdf)

The Mood Meter

- Want to learn more about the Mood Meter?
 - Watch this video explanation: <https://vimeo.com/52622350>
 - Read this short article geared toward parents and families: <https://www.greatschools.org/gk/articles/the-mood-meter-a-tool-for-developing-greater-self-awareness-and-awareness-of-others/>
- Try the Mood Meter App!: <http://moodmeterapp.com/>

The Meta-Moment

- Want to learn more about the Meta-Moment? Take a look at this video explanation of the Meta-Moment. https://www.youtube.com/watch?time_continue=1&v=RfX1NefGeRQ&feature=emb_logo
- Review the Meta- Moment Steps: <https://www.greatschools.org/gk/wp-content/uploads/2015/06/Yale-Metamoment1.pdf>

The Blueprint

- Solve Problems with the Blueprint (Template): https://www.greatschools.org/gk/wp-content/uploads/2015/06/Yale_Blueprint.pdf