



Fall 2022 Events, Classes and Instructor Bio's

Aug. 11, 2022
1:30 p.m.
Point Event
Forum

Fall 2022 Semester LLC Kickoff and Social Hour

Bring a friend and join us for our fall semester kickoff! This event is open to members as well as those curious to learn more about what the LLC has to offer.

Aug. 18, 2022
1:30 p.m.



The Other Story – Film Screening

[The Other Story](#) is an Israeli film directed by Avi Nesher (in Hebrew with English subtitles) and the script was co-authored by Otterbein Psychology Professor Noam Shpancer. If you cannot attend this film screening, the movie is available on various streaming services, including Amazon Prime. The panel discussion with Professor Shpancer will be on Sept. 1, at 1:30 in The Point room 140; Please view the film before attending the panel discussion.

A synopsis of the film:

Anat Abadi, a bright and intense young woman, long part of Tel Aviv's wild club scene, has found God. Renouncing promiscuity, pork, and smartphones for a life of solemn devotion, she moves to Jerusalem, enrolls in an ultraorthodox seminary, and gets engaged to a charismatic musician who's also recently found religion.

Anat's grandfather Shlomo—a wary widowed psychologist and avowed old-school atheist—is shocked by his granddaughter's sudden embrace of religious zealotry and her denouncement of the family's secular ways. Shlomo is desperate to force Anat off her new path, from which there will soon be no turning back. To that end, he enlists the help of her divorced parents, Yonatan, who's left Israel years ago to pursue fame and fortune in the US only to find himself embroiled in scandal, and Tali, a successful

business woman in Tel Aviv with her own scores to settle. Together, they team up in a plot to thwart Anat's upcoming wedding.

Meanwhile at his clinic, Shlomo is counseling a young divorcing couple, Sari and Rami Alter, who are embroiled in a bitter custody battle over their young gifted boy, Izy. In the course of treatment, Shlomo unearths troubling information about the two parents, raising concerns about the child's safety.

Before long the paths of both these troubled families will tangle in most unexpected ways, as the characters' warring personal convictions and intimate anxieties also come to embody the struggle for identity animating present-day Israel.

The ensuing roller coaster ride, by turns suspenseful, poignant, and humorous, that will test the strength of their resolve while offering them a last chance at a personal and family reckoning and—could it be? —a modicum of redemption.

Aug. 25, 2022
1:30 p.m.

Art for Our Times, Con't.

With Dr. Janice Glowski, Director of Museum & Galleries

Otterbein's Museum and Galleries' 2022-23 exhibition season continues its 2-year inquiry into *Art for Our Times* (the role of the artist in society and the question of how art can be a catalyst for social and environmental regeneration). On August 25, 2022, Janice Glowski will present on the *Fall 2022 Otterbein and The Arts: Opening Doors to the World* programming, which turns its attention to indigenous contemporary art of Canada and the work of multidisciplinary artist and master carver Carey Newman (Professor, University of Victoria and Kwakwaka'wakw First Nation). She will also present a preview of *Coping Mechanisms*, a powerful installation in the Miller Gallery by local and regional artists of color, curated by Michael Coppage and Lauren Ponds.



Dr. Janice Glowski is an educator, academic, arts professional and synthetic thinker who is deeply committed to the healthy integration of art, education and diverse cultures in ways that build community. Her passion for teaching, learning, collaboration, and curatorial work is never separate from her commitment to helping cultivate well-being in society. Her approach rests on a broad interdisciplinary background that includes degrees in Asian Art History, Comparative Religious Studies, and Chemistry. She serves as Otterbein's museum and galleries director. Dr.

Glowski's Ph.D. is in Asian Art History, with a focus on South Asian, Himalayan Art and Buddhist Art and was earned at The Ohio State

University. She also holds a BA in chemistry from Wittenberg University and a master's degree in Liberal Studies, Comparative Religious Studies with an emphasis on Visual Culture from OSU.

She has taught courses in Asian art history, African art history, world art history, museum and curatorial studies, Buddhism and Buddhist art, Hinduism and South Asian art, sacred architecture, and the mind, body and world across cultures. She also has co-taught courses on the art and religion of protest and power in South Asia and a travel course in Thailand. Janice has presented to the LLC each year since its inception.

Sept. 1, 2022
1:30 p.m.

The Other Story: How it Came to Be and What it's About

With Dr. Noam Shpancer, professor, Department of Psychology and Film Writer, as well as Dr. Paul Eisenstein, professor of English, and Dr. Robert Kraft, professor emeritus in the Department of Psychology. Please either attend the film screening at The Point on Aug. 18, or view the film independently via a streaming service before attending the panel discussion.

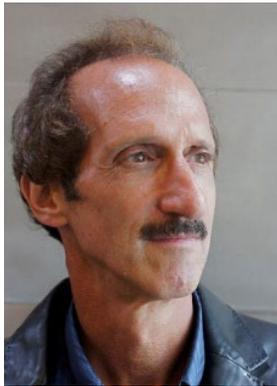


Dr. Noam Shpancer was born and raised on kibbutz Nachshon near Jerusalem, Israel. He's earned his BA at the University of Houston and a Ph.D. from Purdue University, and completed a post-doctoral fellowship at Dartmouth before arriving at Otterbein in 1999. His research is focused on childcare and daycare issues. He teaches multiple classes including abnormal psychology, child development, personality, psychotherapy, positive psychology, and human sexuality. He's also a licensed, practicing clinical psychologist, specializing in the treatment of anxiety disorders.

Dr. Shpancer is also an award-winning novelist and writer. His bestselling novel, *The Good Psychologist* was translated into six languages. A movie he co-wrote, *The Other Story*, premiered at the Toronto Film festival, received broad international distribution, and became the most successful Israeli movie of 2018. His writing has appeared in various newspapers, popular magazines, and e-publications in Israel and abroad, including Ha'aretz, the Guardian of London, the New Yorker, the New York Times, HuffPost, and Vice, among others. Dr. Shpancer is also an official blogger for the magazine *Psychology Today*, where his blog, *Insight Therapy*, receives over 1,000,000 unique hits per year.



Dr. Paul Eisenstein is a Professor in the Department of English at Otterbein, where he teaches introductory and advanced courses in literature and in film. He has also taught several courses in Otterbein's General Education Programs (Integrative Studies and Senior Year Experience Programs), including one on the meaning of the Holocaust for the 20th and 21st centuries. He is the author of a book on Holocaust Representation in Literature & Film and of a set of essays that analyze individual works of literature and film. His current project is focused on Denis Villeneuve's remarkable film *Arrival* (2016).



Dr. Robert N. Kraft is professor emeritus at Otterbein, where he taught courses in cognition, personality, film, memory, research methods, and the self. After receiving his doctorate, Kraft worked as a decision analyst in Washington D.C. and then taught at Grinnell College and Otterbein, conducting research on film, memory, violence, and the self. His 2002 book, *Memory Perceived*, documents patterns of deeply traumatic memory in Holocaust survivors. Kraft's 2014 book, *Violent Accounts*, analyzes how violent perpetrators remember and justify their destructive actions of the past. He is currently writing a book on Memory and the Self and a blog for *Psychology Today* called "Defining Memories." In 2005, he won Otterbein's Master Teacher of the Year award.

Sept. 8, 2022
1:30 p.m.

The Music of the Civil War and The Music of Stephen Foster
With Steve Ball, central Ohio musician specializing in Civil War-era and Stephen Foster music

The Music of the Civil War

This part of the program shares some of the most popular tunes of the Civil War from both sides of the conflict. The music is presented in chronological format, with the story of each song, and what was happening in the Civil War at that time. We cover some of the popular patriotic tunes, melancholy ballads of home, and a bit of army humor as well. The program presents both music and history with insight to both soldiers and musicians of the period.

The Music of Stephen Foster

This part of the program details the life and career of Stephen Foster, known today as "the Father of American Music." A cradle to grave presentation telling the stories of some of Foster's most popular tunes, his life, career and decisions that shaped what today is one of the most popular collections of

songs written in this country, from minstrel music that started his career to the popular parlor tunes that remained known deep into the twentieth century.



Steve Ball is a musician from Columbus, Ohio, specializing in the music of the American Civil War, and the music and life of Stephen Foster. Steve has studied the American Civil War since his teens, and has devoted the past twenty years to studying the music of this era in American history. He has presented programs for the Ohio Statehouse, the National Civil War Museum, the American Civil War Museum of Ohio, and countless historical societies, genealogical societies, libraries, museums, Civil War

Round Tables and other historical venues such as re-enactments or living history programs. He has released two CD's of the music of the Civil War and is currently working on a CD of Stephen Foster tunes. Steve has been an instructor for Life Long Learning through Central Ohio Technical College. He also provides the music for the annual Springfield Ohio Civil War Symposium, and is the narrator for the 73rd Ohio Volunteer Infantry Civil War Brass Band. He is a member of the Sons of Union Veterans of the Civil War, and a member of the Civil War Preservation Trust. He has participated in the annual Windham New York Civil War Music Gathering and the Gettysburg Music Muster at the Gettysburg Military Park Visitor Center.

Sept. 15, 2022
1:30 p.m.

Rising from a Chair: Muscle Forces, Muscle Function, and the Effects of Muscle Weakness

With Dr. Elena Caruthers, assistant professor, Department of Engineering

Rising from a chair, otherwise known as the sit-to-stand (STS) transfer, is one of the most common and important activities of daily living. To complete this task successfully, an individual must produce an adequate amount of lower extremity muscle force. However, older adults and those with various pathologies, including knee osteoarthritis, have lower extremity muscle weakness. Such weakness can limit these populations' ability to perform the STS transfer or result in them adapting various compensation strategies. Biomechanists have conducted studies to examine muscle forces, muscle function, and the effects of muscle weakness on the STS transfer. This presentation will give an overview of some of the important findings from these studies along with compensatory strategies that have been observed in older and pathological populations during the task.



Dr. Elena J. Caruthers is an assistant professor of engineering at Otterbein University. She earned her B.S. degree in engineering (with a mechanical emphasis) and a B.A. in dance from Hope College and her Ph.D. in Mechanical Engineering at The Ohio State University. She teaches introduction to engineering, electrical engineering, and biomechanics. Her research interests include lower limb muscle function during activities of daily living (walking, stair climbing, rising from a chair, etc...) in healthy and pathological populations as well as engineering education.

Sept. 22, 2022
1:30 p.m.

Let's Be Fair About This: Strategic Thinking in Community

With Dr. Kirk Kayser, assistant professor, Department of Mathematics and Actuarial Science

Ever been given a cookie to share with a sibling or friend? A popular method of dividing such an item between two individuals is to have one split the cookie, and the other choose their preferred half. In fact, this method is brilliant as it is guaranteed to be fair and envy-free – terms which will be clearly defined in this talk.

Now consider a property that is to be divided, which has a lake, a forest, a field, and other features of varying value. How could this be fairly divided among five individuals? Or how should an estate of items that cannot simply be halved – like a car or house – be distributed among heirs? Fortunately, there are simple and clever methods to apply to these problems, methods that will be discussed and practiced during this presentation.

A related issue is that of voting, fairly addressing the preferences of a group of people. We will discuss different voting mechanisms and fairness criteria. Which voting method best represents the wishes of a community? Come and see!



Dr. Kirk Kayser is an assistant professor in the Department of Mathematics and Actuarial Science at Otterbein University. He grew up in Toledo, Ohio, where he earned a B.S. and M.S. in Mathematics at the University of Toledo. After getting a Ph.D. in Applied Mathematics at Arizona State University, he returned to Ohio and has been at Otterbein since. His research is in socioeconomic modeling, utilizing a variety of perspectives, models, and tools to investigate welfare practices and cooperative behavior. He lives in Westerville with his wife and two daughters.

Sept. 29, 2022
1:30 p.m.

Cervantes and the Modern Novel

With Dr. Amy Sheeran, assistant professor, Department of Spanish

Miguel de Cervantes's *Don Quixote* (1605 and 1615) is often considered the first modern novel and a bedrock of Western literature. In this session, we explore why, with an eye toward both Cervantes's early modern Spanish cultural, political, and social context and the ways the work has been reinterpreted over time. Where does don Quixote—or, depending on who you ask, Alonso Quijano—come from, and what is it about his specific brand of madness readers have found so compelling for over four centuries? How does Cervantes use his iconic irony to revise the possibilities of the novel and theorize new forms of interaction between the literary and the real? This lecture and discussion introduces Cervantes and his context and analyzes key episodes of *Don Quixote*; it also provides an overview of how the novel has been adapted—in every format from the opera and ballet to comic books and video games. Selected chapters will be recommended for reading in advance but are by no means required.



Dr. Amy Sheeran is Assistant Professor of Spanish at Otterbein University in Columbus, Ohio. Her work on early modern Spanish literature and culture focuses on questions of race, gender, and sexuality in local sixteenth- and seventeenth-century Iberian contexts as well as their reverberations into the present. Her research areas include the relationship between literature and the body, early modern discourses of race from transatlantic and global perspectives, and connections between the early modern Hispanic world and new media forms.

She has published one peer-reviewed essay in *Cervantes* and has a forthcoming essay in *Revista Hispánica Moderna* on genealogy and the Immaculate Conception in María de Zayas's *Desengaños amorosos*, as well as forthcoming essays in several edited volumes. In addition, she is the co-editor, with Amanda M. Smith, of the graphic novel adaptation of Giannina Braschi's *United States of Banana* (The Ohio State University Press, 2021). Currently, she is working on a book manuscript on the literary construction of the discourse of blood purity and imagining a video game adaptation of Pedro Calderón de la Barca's classic Baroque play *La vida es sueño* (*Life Is a Dream*).

Oct. 6, 2022
1:30 p.m.

In God's Name: Religion and Politics in Contemporary India

With Dr. Alexander Rocklin, assistant professor, Department of Philosophy and Religion

This class will address the role of religious nationalism in recent developments in Indian politics since the rise to power of current prime minister Narendra Modi. It will take a deep dive into the historical antecedents of current issues including communal violence, vigilante targeting of minorities, and the national ascent of the Hindu right.



Dr. Alexander Rocklin is an assistant professor in the department of Philosophy and Religion. His work examines the politics of the category religion in the interactive making of Hinduism, Islam, and Afro-Atlantic religions in the colonial Caribbean. His first book, *The Regulation of Religion and the Making of Hinduism in Colonial Trinidad*, released in spring of 2019 from the University of North Carolina Press, looks at the role of the category religion in the regulation of the lives of Indian indentured laborers and the production of Hinduism in a British plantation colony.

Oct. 13 and 20, 2022
1:30 p.m.

Sun, Chiang, Mao, and Xi, and the Cult of Personality

With Dr. Betsy MacLean, professor emerita, Department of History

No *one* factor explains the techniques political leaders use to exercise power, but in China during the 20th and 21st centuries, the “cult of personality” has played a critical role. A cult of personality is the deliberate use of a variety of techniques, most notably propaganda, to portray a country’s leading political figure as heroic and rightfully to be revered. The three key leaders of 20th century China, Sun Yat-sen, “Father of the Republic of China,” established in 1912; his immediate successor, Chiang Kai-shek, head of China’s Republic from 1925 to 1949; and Mao Zedong, Chairman of the Chinese Communist Party and leader of the *People’s* Republic of China from 1949 to 1976, all utilized the personality cult extensively. By investigating the manner in which they used the cult, we gain insight into the leadership of Xi Jinping, China’s head of state since 2012.

One technique of the cult of personality, for instance, is to identify the present leader with a former heroic figure. For the Chinese, the model for that practice came from Russia, where Joseph Stalin (1878-1953) deliberately identified himself with the revered figure of Vladimir Lenin (1870-

1924), hero of the 1917 Bolshevik Revolution. In China, Chiang Kai-shek used similar methods to tie himself to the heroic Sun Yat-sen, known for his historic role in toppling the last dynasty of China in 1911. Today, significantly, while deliberately copying many methods used by Mao Zedong to establish his own personality cult, Xi Jinping has been careful *not* to identify himself with all of Mao's complex and decidedly mixed legacy. That careful parceling tells us much about the leadership of Xi Jinping. In two sessions of the LLC, we will analyze the role played by the cult of personality in the regimes of each of the three 20th century leaders of China, with the ultimate goal of gaining a better understanding of Xi Jinping's use of the cult and what that tells us about his leadership today.



Dr. Betsy MacLean is a Professor Emerita of History. She taught American political and cultural history, as well as Western Civilization and a history of the Soviet Union, for 23 years at Otterbein. Since 2017, she has presented several talks for the Lifelong Learning Program. The majority have focused on aspects of American history, including: "James Madison and the Constitution," "The Sixties Rebellion," and "The Seventies." One other presentation focused on Russia and the Soviet Union: "Putin in the Context of Russian and Soviet History." That talk grew out of her research on the origins of the Cold War during the era of FDR and Stalin, the focus of her book, *Joseph E. Davies and Soviet-American Relations*, which investigated the role of the American ambassador to the USSR at that critical time. Before retiring in 2008, however, the emphasis of Betsy's teaching was on America in the late 19th and 20th centuries, and that has continued to be the focus of her research and writing since. She is now working on a study of three "intellectual" presidents: Thomas Jefferson, Woodrow Wilson, and Barack Obama, each highly educated and each having served as president in a new century. The primary question of her research: how have attitudes toward intellectual leadership changed from the earliest days of the nation until today – and why?

Oct. 27, 2022
1:30 p.m.

Common Book Week at Otterbein

We invite all LLC members to participate in Otterbein's Common Book events happening on campus this week!

Learn more about the Common Book program [here](#).

Nov. 3, 2022
1:30 p.m.

Crossroads of the Blues

With Dr. Michael Yonchak, assistant professor, Department of Music

With its roots in African folk music, the Blues quickly evolved into the first truly American musical form. Today, elements of Blues music can be found in virtually every modern genre of music and continues to influence generations of musicians.

This session will begin with early "Delta" blues artists Son House and Ma Rainey, then trace influences as the Blues acts as a vehicle to tell stories and inspire performers. The music of Sister Rosetta Tharpe, Little Richard, Billie Holiday, Hank Williams, Etta James, the Rolling Stones, Janis Joplin, Led Zeppelin, and Jack White will demonstrate how each artist or band uses the Blues as a foundation for their unique sounds.



Dr. Michael Yonchak is an Associate Professor of Music at Otterbein University in Westerville, Ohio, and is a freelance percussionist in the greater Columbus area. Dr. Yonchak earned the Bachelor of Music in Education (percussion emphasis) and Master of Music in Instrumental Conducting degrees from the Dana School of Music at Youngstown State University in Youngstown, Ohio, and completed the Doctor of Musical Arts (DMA) in Wind Conducting from the University of Kentucky. His research focuses on the music of Frank Zappa, rock and roll history, and elements of protest within popular culture.

Nov. 10, 2022
1:30 p.m.

Bringing Uncle Ewart Home: The Search and Recovery of 1st Lt. Ewart Sconiers, a WWII B-17 Flying Fortress Bombardier Lost in Poland

With Dr. Jarrod Burks, archaeologist, Ohio Valley Archaeology, Inc.

They said it would be like finding a needle in a haystack full of needles...and that wasn't far off the mark. As an archaeologist, I am asked to find and document all manner of historical things, from American Indian cooking pits 5000 years old to 1950s ranch style houses slated for demolition. However, few projects are more rewarding or challenging than WWII recoveries. In this talk we will explore the story of the recovery of 1st Lt Ewart Sconiers, a B-17 Flying Fortress bombardier whose time in the Stalag Luft III POW camp deep in enemy territory was cut short by an unusual accident. Though buried in a formal cemetery by a collection of his fellow American POWs, the location of his grave soon became lost among the post-war political turmoil that engulfed the region. We will explore the meager evidence used to begin the search and follow the story through to its very happy ending, the return

of Uncle Ewart to his hometown of DeFuniak Springs, Florida. Along the way, we will see how long shadows in photographs, ground-penetrating radar, backhoes, last-minute searches of the WWW, and an American Catalpa tree all played a role in this remarkable quest to find a needle in a haystack of needles.

Dr. Jarrod Burks specializes in geo-physically detecting the unseen archaeological record that surrounds us. He works for Ohio Valley Archaeology, Inc., an archaeology firm in Columbus, Ohio, and he also is president of Heartland Earthworks Conservancy, an organization that works to study and save Ohio earthworks. Jarrod's day job takes him all over the country, and beyond, to survey archaeology sites, cemeteries, and even look for lost WWII soldiers. Back home, Jarrod fell in love with Ohio's Woodland period mounds and earthwork sites more than 25 years ago when he moved to Columbus to pursue his doctorate in Hopewell settlement research at The Ohio State University. He now spends a good amount of time each year surveying earthworks, retracing the footsteps of the 19th century mappers and travelers...as well as discovering previously undocumented sites.



Nov. 11, 2022
12:30 p.m. at
Church of the
Messiah

Otterbein Choir Talk and Performance

With Dr. Gayle Walker, professor, and director of choral activities, Department of Music

Dr. Gayle Walker, a native of Iowa, received her bachelor of music degree summa cum laude from Macalester College, a master's degree in music from the University of Colorado, and a doctor of arts degree from the University of Northern Colorado. She has been honored with memberships in Phi Beta Kappa and Pi Kappa Lambda National Music Honor Society).

Dr. Walker is the vice president of the Ohio Choral Directors Association, having served as president 2014-16. Her choirs have been invited to perform in major venues throughout Europe and China, including St. Patrick's Cathedral in Ireland, Notre Dame in Paris, St. Stephen's Cathedral in Vienna, St. Nicholas Church in Prague, and the Beijing Conservatory. In addition, the Otterbein University Choir has performed frequently at conferences of the Central Division of the American Choral Directors Association, the Ohio Choral Directors Association and the Ohio Music Education Association, as well as in performances with the Columbus Symphony Orchestra. She has recorded six CDs with the Concert Choir.



Nov. 17, 2022
1:30 p.m.

Crooked and Narrow Streets: Women Artists and Authors in the Late 19th Century American City

With Dr. Amy Johnson, associate professor, Department of Art and Art History

By the end of the nineteenth century, women became increasingly visible in American urban life. Many actively participated in social reform organizations, led historic preservation movements, and directly contributed to shaping perceptions of the city in this period of rapid urban growth. This presentation considers the work of noted authors, artists, and photographers, including Annie Haven Thwing, Marianna Griswold Van Rensselaer, Alice Austen, and Jessie Tarbox Beals. The work of these individuals represent the perspectives of women actively walking, seeing, and depicting the urban scene at the turn of the twentieth century. These photographers and writers counter perceptions of urban neighborhoods as solely sites for illicit and debauched behavior, instead contributing to a shift in understanding the city not as dangerous and unhygienic, but as an exciting world for white elites -- both male and female -- to explore.



Dr. Amy Johnson is an associate professor of Art History and Visual Culture in the art & art history department at Otterbein. She earned her BA at State University of New York, Geneseo, her master's from Tufts University and her PhD from the University of Delaware. Dr. Johnson has taught at Otterbein since 2003, and previously taught at the University of Wisconsin – LaCrosse, the University of Delaware, and Harford Community College in Harford County, Maryland. She has also worked in historic preservation through the Center for Historic Architecture and Design in Newark, Delaware; the Preservation Alliance of LaCrosse, Wisconsin; and the Society for the Preservation of New England Antiquities in Boston, Massachusetts.

Her areas of study include modern European and American art and architecture, women's and gender studies, visual culture studies, and historic preservation. Dr. Johnson's research focuses on the links between the artist and society, and the larger role art plays in our community. Her recent projects explore the intersections of photography and historic preservation within the creation of the modern city. She also teaches art history travel courses in Europe for Otterbein students.

**Dec. 1 and 8,
2022**
1:30 p.m.

Food Allergy, Intolerance, and Sensitivity

With Dr. William MacLean, adjunct clinical professor of pediatrics at The Ohio State University.

Food allergies, intolerances and sensitivities are common. 32 million Americans have food allergies – about 1 in 13 children and 1 in 10 adults. An estimated 30 to 50 million adults have some degree of lactose intolerance. Gluten sensitivity is estimated to affect 20 million people. It is important to understand the differences between food *allergy*, *intolerance*, and *sensitivity*. Each of these has different underlying mechanisms and, as a result, different approaches to management. These distinctions will become clear by contrasting several common food allergies, such as those to milk and peanuts, to lactose intolerance and gluten sensitivity (celiac disease and more subtle manifestations). Throughout the sessions I plan to discuss the history of our understanding of these conditions, the signs and symptoms that might lead to seeking medical advice, the ways in which the diagnoses are made, the different approaches to management, and the expected outcomes.



Dr. William MacLean spent undergraduate years at Princeton which prepared him for completing his MD, CM degrees from McGill University in Montreal and his training in pediatrics and nutrition at Johns Hopkins in Baltimore. A decade on the faculty of the Johns Hopkins Schools of Medicine and Public Health followed. Moving to Columbus with his wife, Betsy, and their children in 1982, he spent 21 years with Abbott Laboratories, retiring as vice president of medical and regulatory affairs in its nutrition division in 2003. Throughout those years and continuing, he has been part of the G.I.-Nutrition group at Nationwide Children's Hospital and adjunct clinical professor of pediatrics at OSU.

Bill's primary interests are infant nutrition and malnutrition. He has had a long-lasting relationship with the Nutrition Research Institute in Lima, Peru, where he carried out research over many years. He has been a member of the editorial board of the *American Journal of Clinical Nutrition* and has published extensively in both peer-reviewed medical journals and books.