

Columbus State Community College Associate of Applied Science (AAS) Degree Major: Sports & Exercises Studies- Exercise Science Track to Otterbein University

Bachelor of Science (BA) Degree, Major: Allied Health

Sample Graduation Plan



Required Courses for the AAS Degree in Sports and Exercise Studies – Exercise Science Track

COLUMBUS STATE		Columbus State Community College										
COMMUNITY COLLEGE					Plan of Study	Name						
HEALTH AND HUMAN				Sport & Exercise Stu	Student #							
SERVICES DIVISION					Exercise Science M	Date Entered						
Effective	Autumn Semester 2020				L'ACTUSC SCICILCE IVI	Lajo	•	Advisor				
FIRST SEM	ESTER	G/T/E	CR	SECONI	SEMESTER	G/T/B	CR	THIRD SEMESTER	G/T/B	CR	т	
SES XXXX	SES 1112, 1104, 1105, 1106, 1108, 1109	Т	1	SES 1100	Personal Fitness Concepts	Т	3	SES 2415 Advanced Strength & Resistance Training	Т	4	Г	
ENGL1100	or 1110 (Select ONE) Composition I	G	3	SES 1101		Т	3	Concepts SES 2440 Exercise Physiology	Т	4	╆	
	i/1148 College Algebra	G	4/5	SES XXX	X SES 1112, 1104, 1105, 1106, 1108, 1109	Т	1	BIO 1122* Anatomy & Physiology II OR			Ħ	
COLS 1100		В	1		or 1110 (Select ONE) 53 Nutrition for a Healthy Lifestyle	В	3	BIO 2301 Human Physiology	В	4	ı	
BIO 1121*	Anatomy & Physiology I OR	-	<u> </u>	PSY 1100		В	3	BIO 2301 Human Flystology	<u> </u>	4	╆	
BIO 2300	Human Anatomy	G	4		, ,						L	
			Ш								匚	
	TOTAL		13/14	┛┖	TOTAL		13	TOTAL		12	ᆫ	
FOURTH SI	EMESTER	G/T/E	CR	FIFTH S	EMESTER	G/T/B	CR	* Student must take either				
SES 2426	Athletic Injury Control & First Aid	T	3	SES 2441		T	4	BIO 1121/2300 series OR BIO 1122/2301 series.				
SES 2437	Health Promotion OR			SES 2442	Exercise Prescription & Quantitative Analysis	T	3					
SES 2438	Fitness Concepts Across the Lifespan	Т	3	SES 2950	,	T	2	┪				
SES 2535	Sport Law	T	3	TVVV	(Select from list on back)	G	3					
SBS XXXX	(Select From list on back)	G	3									
ENGL 2XX7	2367 or 2567 or 2667 or 2767 Composition	n B	3	→ 		-		_				
	TOTAL		15		TOTAL		12	_				
PROGRAM	ADMISSIONS REQUIREMENTS			GRADU	ATION REQUIREMENTS			7				
	graduate or GED equivalency.			-	G = General Education			┫				
Placement in	to ENGL 1100 & MATH 1010.				B = Basic Education							
				_	T = Technical Education							
					Total General E		17/18					
					Total Basi Total Non-Technical	ıc	31/32					
					Total Tech. Ec	1	34					
					TOTAL CREDIT		65/66					

<u>Students should complete the BIO 2300 and 2301 sequence; SOC 1101 for SBS XXXX, and HIST 1181 or 1182 for HUM XXXX, to meet Columbus State and Otterbein University general education & degree requirements.</u>

Required Courses for the Bachelor of Arts (BA) Degree, Major: Allied Health at Otterbein University

Year 1

Autumn Semester		Spring Semester	
TYS Transfer Year Seminar or		MATH 1240 Elementary Statistics	3
FYS First Year Seminar			
ATHT 1000 Introduction to Allied Health Professions		EXSC 2000 Scientific Procedures in Allied Health	3
PSYC 2000 Lifespan Development		EXSC 3000 Research Design or	3
		EXSC 3200 Individualized Projects (choose one)	
Elective (DS)	3	Elective	3
INST 2200, 2400, <u>or</u> 2600 (choose one)*	3	INST 2200, 2400, <u>or</u> 2600 (choose one)*	3
Total	14-15	Total	15

Year 2

Autumn Semester		Spring Semester	
SYE Senior Year Experience	3	ATHT 4100 Professional Development in Allied Health (WI)	3
CHEM 1100 & 1110 Survey of General Chemistry Lecture & Lab	4	INST 3000 Interdisciplinary Seminar	3
(DS)			
EXSC 3660 Movement Science I	3	EXSC 3670 Movement Science II (WI)	3
INST 2200, 2400, <u>or</u> 2600 (choose one)*	3	Elective	3
Elective (EXSC 4902 Internship or other)	3	Elective	3
Total	16	Total	15

Notes about the Bachelor of Science, Major: Allied Health (BA) at Otterbein University

- At Otterbein, at least 36 credit hours of coursework must be taken in Otterbein classes. Of these hours: at least 9 credit hours must be taken in each of a student's majors at the 3000 level or above, at least 5 credit hours (any level) must be taken in each minor, and at least one INST 2XXX thread course, INST 3XXX, and an SYE course must be taken at Otterbein. Otterbein requires 120 credit hours to complete the bachelor's degree with an overall GPA of 2.0 or higher.
- <u>*INST 2X00 Courses:</u> Students may complete INST 2200, 2400, and 2600 in any order at Otterbein. Only one 2X00 course can remain to be taken with the INST 3000: Interdisciplinary Seminar. SOC 1101 (INST 2000) and HIST 1181 or 1182 (INST 2800) meet INST requirements at Otterbein.
- Students must earn a C or higher in all prerequisite course work for the Allied Health major at Otterbein. Students are encouraged to meet with an Otterbein advisor regarding their major course work and general education course work meant to satisfy Otterbein's general education or INST requirement.
- Students complete the AAS SES- Exercise Science Track degree and will then complete two years at Otterbein University to finish requirements for the BA degree. The following Columbus State courses transfer into the Otterbein major: BIO 2300 & BIO 2301 [both required; BIO 1810 & BIO 1820], SES 2441 [ATHT 3400], and SES 2440 [EXSC 4400].