



Often physically active students or those who are playing on an athletic team but are not majoring in one of the five departmental majors are interested in becoming certified as a personal trainer, furthering their knowledge of strength and conditioning, knowing more about how the human body functions, and/or have a desire for knowledge and skill to promote a healthy lifestyle for family and friends.

INTERNSHIP SITES

- Columbus Blue Jackets SC (Strength and Conditioning)
- Health Fitness Corporation
- Nationwide Children's Hospital
- D1 Sports Training
- Ohio State University RPAC
- Emblem Health
- Westerville Community Center
- Florida Atlantic University SC
- Google
- OSU Wexner Sport Performance
- Mannino's Grand Slam USA
- SOAR Fitness
- Schottenstein Center
- Human Form Fitness
- Girls on the Run
- 11 Athletics
- Hyland Group
- Prescribe Fit
- Urbana University SC
- The Ohio State University Football
- The Ohio State University Olympic SportsFleet's Fitness Center

IMMERSIVE EXPERIENCES

- Health and Wellness Intern
- Event Services Intern
- Personal Trainer
- OtterFit Trainer
- Strength and Speed Coach
- Strength and Conditioning Intern
- Fitness Intern
- Employee Benefits Intern
- EXSC 2900

EMPLOYMENT WITHIN 1 YEAR

- Personal Trainer
- Coach
- EMT
- Health Fitness Specialist
- Corporate Wellness Associate
- Exercise Physiologist
- Obetz Athletic Club Operations Manager
- Fitness Planning Consultant
- Orangetheory Fitness Coach
- Special Olympics Clinical Director of Health Strategies
- Softball/Baseball Instructional Coach

PROFESSIONS WITHIN 3-5 YEARS

- WilPower Fitness Owner
- I-Resolve Fitness Program Coordinator
- Medical Device Sales Recruiter
- Graduate Doctoral Program in Clinical Psychology



Ensuring **EVERY STUDENT WILL**
be **READY** for their future.

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